

Father God,

You have blessed me in so many ways, as I have worked to restore my earthly body to a healthy weight. I am ever grateful for the times You walked along side of me through every huge struggle and each small success. But God, I pray that today, You move among so many others who face these same, or even greater challenges, and give them the hope and encouragement they need to find victory in their battles. As we face the dark challenges in which the enemy disguised as social media smothers us, keep us close and ever watchful. Armed with Your truth, help us help each other to success.

*In Jesus Name we pray,
Amen*