

Father God,

You always hear our cries, silent or loud, and we thank You for that. But Lord, please help us to look closely and listen carefully, even through our own pain, to be able to hear the cries of those around us, to see the needs of others in distress. Help us Father, to keep a keen ear and a close watch for others who suffer in silence, that we may support and comfort them as You comfort us. Guide us, through Your Spirit, to always cast our gaze outward and upward, that we may aid and comfort others as You aid and comfort us.

In Jesus' most Holy name we pray,

Amen

