## Fur-kid frasties

a recipe by She Norfolk Nibbles Sreat Boutique ${ }^{\text {tm }}$

## ingredients

## directions

1. In a large mixing bowl, combine the ingredients.
2. Mix well to combine thoroughly.
3. Spoon mixture into ice cube trays.
4. Place in freezer.
***Always read the ingredients on the package to ensure that they are safe for fur-kid comsumption!


1 c all natural peanut butter
1 c soy yogurt
1 c all-natural apple sauce
*Yield depends the size of trays used.
**Time will vary depending on the size of trays used and dexterity of the baker ;)
***Be certain to use peanut butter and other ingredients that do NOT contain sugar, xylitol, or "cane sugar"
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*Hint: Don't have fancy trays or spare ice cube trays? You can always just pipe the ingredients on to a baking sheet lined with parchment. Don't have an actual piping bag and attachments, you can just snip the corner of a zip lock bag.


