ADVENT CALENDAR
OF LOVE &KINDNESS

A calendar full of love and kindness for this Advent Season.

Write a heartfelt note 	Donate non-perishable food 	Pay for the coffee 	Compliment a stranger 
Bake cookies 	Leave a kind note 	Send a thank-you card 	Pick up litter 
Donate gently used clothes 	Offer to run errands 	Make a small donation 	Call a family member 
Leave a generous tip 	Plant a tree 	Share books 	Surprise a friend 
Help a coworker 	Send a care package 	Participate in a local charity event 	Write positive reviews 
Spend quality time 	Create a handmade gift 	Reflect on the year 	Visit a neighbour in need 

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